

# Techniques to refuse a plastic bag:

## Technique #2 Dash and Stash

When you're at the counter,  
suddenly panic that you've  
forgotten your own bag BUT  
remember that you can dash  
out and grab a Boomerang  
Bag to stash your shopping in.

Note: Dashing  
back at a later  
date to replace  
the Boomerang  
Bag has  
massive health  
benefits

